

♥ Every small step forward is a big step.
You are doing an amazing job.

SPECIAL FAMILIES PROJECT Other

Tip: Update this page whenever there are changes to services or schedules.

SPECIAL FAMILIES PROJECT [illegible]

Tip: Keep all appointment cards, reminders, and notes in your medical binder.

SPECIAL FAMILIES PROJECT 

4 THERAPY GOALS ♥

What We're Working On

SHORT-TERM GOALS (0–6 MONTHS)

- _____
- _____
- _____
- _____
- _____

LONG-TERM GOALS (6+ MONTHS)

- _____
- _____
- _____
- _____
- _____

Tip: Review goals regularly and celebrate progress!

SPECIAL FAMILIES PROJECT ♥

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Tip: Review goals regularly and celebrate progress!

SPECIAL FAMILIES PROJECT ♥

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SESSION LOG

♥

Track Each Visit

DATE	THERAPY / SERVICE	ATTENDED ✓	NOTES / SUMMARY
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♥

Use this space to jot down what was worked on,
 what went well, and any home practice ideas.

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Use this space to jot down what was worked on, what went well, and any home practice ideas.

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PROGRESS TRACKER

Celebrate the Wins



GOAL / SKILL	BASELINE	DATE ACHIEVED / LAST REVIEWED	NOTES / PROGRESS



Every win deserves to be celebrated—big or small!



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Every win deserves to be celebrated—big or small!

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7

CHALLENGES & CONCERNS

♥

Let's Work Through It

CURRENT CHALLENGES

IDEAS / STRATEGIES TO TRY

You know your child best. Your observations help the team help your child.

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♥

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You know your child best. Your observations help the team help your child.

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8 COMMUNICATION LOG ♥

Stay in the Loop

DATE	WITH WHOM	METHOD (Call, Email, Meeting)	SUMMARY / FOLLOW-UP

Good communication = better support for your child.

Good communication = better support
for your child.

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NOTES & OBSERVATIONS

You Know Them Best

Emergency Contact

One step at a time.
We're in this together.